



Learn more about Giggle 'n Groove at
NationwideChildrens.org/NICU-Followup-Program

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When your child needs a hospital, everything matters.

Nationwide Children's Hospital
ATTN: Community Education
700 Children's Drive
Columbus, OH 43205-2696



Giggle 'n Groove!

*Music Therapy Helps
Your Baby Grow*

January - November 2025



When your child needs a hospital, everything matters.

Giggle 'n Groove! *Music Therapy*

Program Description

Giggle 'n Groove! Music Therapy is a research-based music therapy class to aid your baby's growth and development. Through music and play activities, parents learn new ways to help their babies grow. For our families of NICU babies, it's especially important. Parents and babies deserve a chance to "catch up" on some early building blocks of development and work on their future together. This class is led by board-certified music therapists with special training in NICU Music Therapy. We tailor the class to meet each child's developmental needs.

Cost

\$5 per session for Community Families.

*Registration is required.

*Free for NICU follow-up and Cardiac Clinic families.

What You Need To Bring

Yourself, your little one, and a blanket or something to sit on if you would like.

**Children attending this class are learning new skills and are naturally curious.*

When you attend with your little one, please help by participating with your child and redirecting their behavior, if needed.



Program Locations, Dates and Times

Westerville *Close to Home* SM

433 N. Cleveland Ave., Westerville, OH, 43082

Giggle 'n Groove! Music Therapy meets every Wednesday afternoon for 45 minutes.

Class Times

Infants 6 to 12 months Adjusted age – 1:30 p.m.

Infants 12 to 18 months Adjusted age – 2:30 p.m.

Infants 18 to 24 months Adjusted age – 3:30 p.m.

East Columbus *Close to Home* SM

6435 East Broad St., Columbus, OH, 43213

Giggle 'n Groove! Music Therapy meets every Wednesday morning for 45 minutes.

Class Times

Infants 6-12 months Adjusted age – 10:30 a.m.

Infants 12-24 months Adjusted age – 9:30 a.m.

For Questions and Registration

Visit NationwideChildrens.org/Edu to register online or contact Community Education at CommunityEducation@NationwideChildrens.org or call (614) 355-0662.



Nationwide Children's Hospital Music Therapists

Lelia Emery, MMT, MT-BC, is the senior NICU music therapist at Nationwide Children's Hospital and has several years of experience working with young children and their families. In addition to working full time in the NICU, she is Nationwide Children's music therapy internship director and provides NICU training for students and professionals. She received a bachelor's degree in music therapy from the University of Alabama and completed a master's degree in music therapy from Shenandoah University with an emphasis in developmental music therapy for older infants in the NICU.

Chloe Heintz, MMT, MT-BC, has been a part of the NICU music therapy team at Nationwide Children's Hospital for over three years. She has gained lots of experience working with infants and their families and also helps support the music therapy internship program. Chloe completed her undergraduate studies at Western Michigan University and received her master's degree in music therapy at Shenandoah University.

Karen Lee, MT-BC, is a board-certified music therapist at Nationwide Children's Hospital. She is a graduate of the University of Georgia, where she received her bachelor's degree in music therapy. Through her music therapy internship at Nationwide Children's, she gained experience and training working with patients and families across a variety of units, including but not limited to, the NICU, Cardiology/CTICU, Behavioral Health, Hematology/Oncology and Outpatient Hemodialysis. Karen currently covers the Cardiology Unit, General and Adolescent Medicine Unit and the Intensive Pain Rehabilitation and Education Program at Nationwide Children's.

Kylie Rodriguez, MM, MT-BC, is the Cardiothoracic Intensive Care Unit (CTICU) and Cardiology music therapist at Nationwide Children's Hospital. Kylie has over 10 years of experience working with young children and their families. In addition to working in the CTICU and Cardiology units, she is a Nationwide Children's music therapy internship supervisor. She received a bachelor's degree in music therapy from Ohio University and completed a master's degree in music therapy from Colorado State University with an emphasis on music therapy and neuroscience. She is a Neurologic Music Therapy Fellow and a NICU certified music therapist.